

Moose Sentinel



Ft. Richardson - "MWR is for All of Your Life"

December 2001 & January 2002

FREE *Harlem* AMBASSADORS SHOW BASKETBALL TEAM

December 19, 2001

The world famous basketball show team is on their Holiday Tour and is coming to Ft. Richardson, Buckner Physical Fitness Center Wednesday, **December 19**. The Harlem Ambassadors Basketball Show features high-flying slam dunks, dazzling ballhandling, and comedy routines. **Tickets** for the **Free show** will be available from the unit ISGs **December 1-11**. **December 12**, tickets will be available on first come, first served basis at Buckner Physical Fitness Center and the Ft. Richardson Youth Services Center, Bldg 297. The show is open to soldiers, DOD civilians and their families. Doors open 6 pm for ticket holders, and 6:55 pm for non ticket holders; basketball show starts 7 pm. Prior to the 7 pm show on December 19, the Harlem Ambassadors Basketball Team will provide a special show "Don't Do Drugs and Stay in School" for the 4-6th graders from Ursa Minor and Ursa Major, as well as Home Schoolers, at Youth Services, Bldg 297, 10 am. Youth Services is having a field trip for the 7th-12th graders to see the Harlem Ambassadors Show "Don't Do Drugs and Stay in School", Tuesday December 18, at Elmendorf Air Force Youth Center, 4 pm. Teens need to sign-up at Youth Services NLT December 14. There will be a \$1 field trip fee. Visit Harlem Ambassadors web <http://www.harlemambassadors.com>

For more info, call 384-1304

Free Army Family Action Plan (AFAP) January 15 & 16, 2002

Bldg 337, 9 am - 3 pm (see pg 2). Register Issue Sheet On-Line.
<http://www.usarak.army.mil/framvwr/afap.htm>

Drunk & Drugged Driving (3D's) Month & Seward Resort see back page

A SWEET NEW YEAR TO ALL

Celebrate the Holiday Season

December 1, 8, 15 & 22 - Free Youth Holiday Crafts. 1st-6th Grade. Youth Service, Bldg 297, 1-3 pm.

December 7 (part 1) & December 14 (part 2) - Successfully Coping with the Holidays Free Class. ACS Library, Bldg 337, 11:30 am - 12:30 pm. Call Christie Kainz for info 384-7506.

December 7 - Parent's Christmas Shopping Night. Childcare while Parents Christmas Shop, 5:30-9:30 pm. Bldg 337, cost \$12 per child. **Reservations are required NLT November 30.** Please call Central Registration Office, 384-7483.

December 8 - Free Frosty Fingers Contest at Dyea Ski Rental, noon - 2 pm. The Mayor's are sponsoring a contest for the **best snow sculpture**. Prizes for first and runner-up, with 3 age categories: age 5 and below, 6-11 and 12 and up. Participants will receive a "goody bag". Pictures will be available to purchase. The Dyea Snack Bar will be open. For more info, call 428-1309.

December 8 - Kids Day Christmas Ceramics at the Arts & Crafts Center, 2-5 pm. Cost \$10 pp. Call 384-3419.

December 11 & 12 - Air Force Band of the Pacific presents "Holiday Lights!" Free Concert, at the Atwood Theatre in the PAC, 7 pm. Tickets available at the PAC ticket office beginning November 23, noon. Doors open 6:20 pm for ticket holders, and 6:45 pm for non ticket holders. Open to the public. Call 552-3081 for info.

December 11 & 12 - Air Force Tops in Blue Free Family Concert at the Elmendorf Air Force Base Talkeetna Theater. Call 552-2674 for info.

December 12 - Free Post Christmas Tree Lighting Ceremony & Holiday Concert. Tree Lighting Ceremony with the Arctic Warrior Band Brass Quintet, at the Post Chapel, 4 pm. The Christmas Tree Lighting and caroling will follow at 4:45 pm. Holiday Band Concert, featuring the Arctic Warrior Band at the Post Theater, 5 pm. Santa Claus will be at the Post Theater, bring the children. **Open to the Community.**

December 13 - Spouses Day Out "Free Christmas Craft Making", Bldg 337, Rm 21, 10 am - noon. Call 384-9622 or 384-0272 for info.

December 13 - 2001 USARAK Holiday Ball. Anchorage Sheraton, East 6th St, free parking, 6 pm. Music and dancing provided by the Arctic Rock Band. Theme: "The Spirit (Continued on pg 3)

In This Issue

Free Army Family Action Plan (AFAP)	2	Snowmachine Lessons	4
New Year's Eve Parties	2	Youth Night Ski Party	4
Ice Fishing Derby	2	Swim Lessons Begin	5
Ski/Snow Board Lessons	4	Stocking Stuffers	5
Guided Snowmachine Tours	4	Youth Soccer Registration.....	10
		Closures.....	10



2 ♦ Special Events

Free Army Family Action Plan (AFAP)

January 15 & 16, 2002

Army Community Service, Bldg 337, 9 am - 3 pm. This years AFAP will be held for two days. The Army Family Action Plan (AFAP) is the grass roots process where all of elements of the community, (active duty and retired military, reserves, NG, family members, and civilian employees) gather together to make improvements to the Army Quality of Life concerns. **Lunch will be provided. Childcare provided for all volunteers call 384-7483 NLT January 8 for reservations.** You can fill out an issue request on-line, www.usarak.army.mil/framwr/afap.htm. Call Karen Conrad for info 384-6736.

Ice Fishing Derby December 16

for adults and youth, at Otter Lake, 11 am - 3 pm. 1st place winner receives 1 day snow machine rental at Dyea Ski Rental. 2nd place winner receives 1 day ski rental at Dyea Ski Rental. Entry fee \$5 pp. Call 428-1309.

USARAK Tax Center

The USARAK Tax Center offers FREE Federal and State income tax assistance, including electronic filing. The Tax Center will open on or about **January 28, 2002**. Call 384-1040.

Volunteer tax preparers please contact the Legal Assistance Office, 384-0371. All Tax Center personnel, including volunteers, will receive free training from the IRS on tax preparation and electronic filing. **IRS Training** is scheduled for the week of **January 15**. **Computer Training** on tax preparation is scheduled for the week of **January 21**. Info, call 384-0371.

The Moose Sentinel is a monthly publication of the Fort Richardson United States Army, Alaska, Directorate of Community Activities (DCA), Morale, Welfare & Recreation (MWR), prepared by Terry Yeomans, Marketing & Advertising Specialist (Graphic Designer). Articles, comments & suggestions welcomed. (907) 384-2299, Fax (907) 384-2489. E-mail: teress.yeomans@richardson.army.mil WEB: <http://www.usarak.army.mil/framwr>

Seward Resort



December 31

Doors open 6:30 pm ♦ Buffet starts 7:30 pm
\$20 adults ♦ \$7.50 ages 7-12 ♦ 6 years & under free

DJ - Music ♦ Dancing

Hors D'oeuvres Buffet ♦ Cash Bar ♦ Party Favors ♦ Door Prizes

Complimentary midnight champagne toast.
Reservations for the party can be made when making a room reservation.
Make your reservations now! (907) 224-2654/2659/5559

New Year's Eve Party December 31

Down Under Lounge, 7 pm
\$15 per person ♦ \$25 per couple



DJ - Music ♦ Finger Foods ♦ Party Favors ♦ Great Prizes

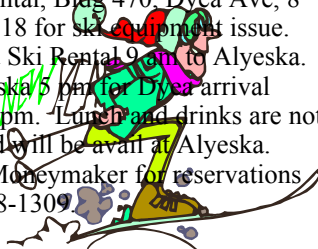
Pictures available! Casual to semi-formal dress.

Complimentary midnight champagne toast.

For more info, call 384-7619

Alyeska Ski Trip January 18, 2002

Cost \$50 per person (incls: ski rental, lift ticket, transportation, and beginning ski instruction. All authorized users must sign up and pay 2 weeks prior to trip. Limited to 28 people max, 15 min. Under the age of 18 not chaparoned, must have parent permission slip and a hold harmless waiver at time of sign up. Patrons must be at Dyea Ski Rental, Bldg 470, Dyea Ave, 8 am, January 18 for ski equipment issue. Depart Dyea Ski Rental 9 am to Alyeska. Depart Alyeska 5 pm for Dyea arrival approx 6:30 pm. Lunch and drinks are not provided and will be avail at Alyeska. Call Frank Money maker for reservations and info, 428-1309.



THE DREAM LIVES ON

MARTIN LUTHER KING, JR. DAY



Alcohol Education Classes

Civilian Employee Training - December 5, 1-2 pm. Topics: Can you tell if someone you know has a drinking problem? What if it is a family member? Where you can go for help?

Civilian Supervisor Class - January 16, 1-2 pm. Topics: Policy on substance abuse. How to deal with a person who may be under the influence. Identifying a person who is impaired. Administrative does and don't. The referral process. Where to get help for your employee who is having problems. Where can my employee get help if a family member is using or abusing drugs. Drug testing of Civilian Employees. Seating is limited. Bldg 1113 basement. Call Aaron for info, 384-1411.



Super Bowl Party February 3, 2002

at the Down Under Lounge
Doors open 11 am, game begins 2 pm.
All you can eat tacos. \$5 cover.
! Door Prizes - Food !
For more info, call 384-7619.

Holiday Events continued

of USARAK, a red, white and blue holiday season!" Special hotel rate \$79 (if you wish to spend the night). Child care (\$21 per child (6 weeks to 12 years), 5:30-midnight, available at the CDC, reservation deadline November 27, call 384-7483. Ball reservations must be made to USARAK Protocol, Robert Silk, or SSG Ann Johnson by November 30, call 384-2067. Cost \$35 pp due by December 3.

December 15 - Parent's Christmas Shopping Day. Childcare while Parents Christmas Shop, 11 am - 3 pm. Bldg 337, cost \$12 per child. **Reservations are required NLT December 7.** Please call Central Registration Office, 384-7483.

December 15 & 16 - Christmas Canned Food Drive at Dyea Ski Rental, 11 am - 7 pm. Bring in 4 cans of food per person, and receive 1 day ski rental free. All food will be donated to the Ft. Richardson Food Bank. Call 428-1309.

December 17 - Air Force Band of the Pacific presents "The Alaska Brass Quintet" Free Holiday Concert at the Wilda Marston Theatre, Loussac Library, 7 pm. No tickets required, open to the public. Doors open 6:30 pm. Call 552-3081 for info.

December 18-24 - BOSS Christmas Mugs. BOSS representatives will be selling Christmas mugs loaded with candies and surprises at their units. Cost \$5 per mug.

December 21 - Youth Services & SAS Free Christmas Party, YS Bldg 297, 4-6 pm. Non SAS 3 years - 4th grade must be accompanied by an adult. Call 384-1508.

December 21 - Teens Christmas Party & Dance, Youth Services, Bldg 297, 8:30-10:45 pm. \$2 per person or donation of 2 non-perishable food items. Call 384-1508.

December 21 - Air Force Band of the Pacific presents Top Cover "Home for the Holidays!" Free Concert. The band's seven piece popular music combo. At the Atwood Theatre in the PAC, 8 pm. Tickets available at

the PAC ticket office beginning November 23, noon. Doors open 7:20 pm for ticket holders, and 7:45 pm for non ticket holders. Open to the public. Call 552-3081 for info.

December 21-26 - Christmas Snowmachine Rental Special at the Outdoor Recreation Center. Rent a snowmachine December 21 (after 2 pm), return machine December 26 (before noon). Rent snowmachine for 4 days **"Only pay for 2 days"**. Call 384-1475.

December 21-27 - Christmas Holiday Ski Rental Special at Dyea Ski Rental. Check out a cross-country or downhill ski package after 2 pm, December 21, return skis by noon December 27. **"Only pay for 1 day ski rental"**, 428-1309.

December 23 - Christmas Brunch. Elmendorf Air Force Base Susitna Club, 10:30 am - 2 pm. Members: Adults \$11.95, non-members \$14.95, youth 6-12 \$4.95, 5 & under Free. Call 753-3131 for reservations.

December 24 - Youth Services Free Christmas Arts & Crafts, Youth Services, Bldg 297, 2-6 pm.

December 28 - January 2 - New Year's Snowmachine Rental Special at the Outdoor Recreation Center. Rent a snowmachine December 28 (after 2 pm), return machine January 2 (before noon). Rent snowmachine for 4 days **"Only pay for 2 days"**. Call 384-1475.

December 31 - New Year's Eve Dinner. Elmendorf Air Force Base Susitna Club, 6-9 pm. Members Adults \$24.95, non-members \$27.95. **Reservations required** call 753-3131/6131.

December 31 - Seward Resort New Year's Eve Party. (see pg 2)

December 31 - New Year's Eve Party, at the Down Under Lounge. (see pg 2)

Religious events below.
Additional Community
Holiday Events on pg 11



Experience in Church or your Place of Worship



The Advent Season
December 2 - 1st Sunday
"Preparation"
December 9 - 2nd Sunday
"Joy"
December 16 - 3rd Sunday
"Hope"
December 23 - 4th Sunday
"Love"

December 9 - Children's Musical. The Post Chapel, 11 am. Kids Sing Christmas Around the World. The Children's Musical Celebrate the traditions of Christmas from many countries across the globe. Call 384-1461.

December 9 - Women's Holiday Tea and Tour of Homes. The tour starts 2 pm. The tea is at the Post Chapel, 4 pm. All women in the Ft. Richardson Community are invited for free music and refreshments. Call 384-1461 for info.

December 9 - Children's Hanukkah Party at the Synagogue, 7525 E. Northern Lts, 6 pm. Call 338-1836 for info.

December 9-16 Hanukkah (Jewish Festival). Off post Synagogues will have individual event schedules. Reform call 338-1836, or Orthodox call 279-1200.



December 12 - Free Post Christmas Tree Lighting Ceremony & Holiday Concert. (see front pg)

December 24 - Children's Mass at the Post Chapel, 5 pm. Call 384-1461.

December 24 - Christmas Eve Protestant Service at the Post Chapel, 7 pm, and Midnight Mass, 12 am. Call 384-1461.

December 25 - Christmas Mass at the Post Chapel, 10 am. Call 384-1461.

December 31 - World Harvest Watchnight Service at the Post Chapel, 10 pm. Call 384-1461.

4 ♦ Recreation

Down Hill - Snow Board - X/C Ski Lessons begin December

♦ Down Hill Alpine Ski School (Beginners)

Lesson Dates

December 3 thru December 7

December 10 thru December 14

2 hour sessions - \$20 per person, per lesson (with or without equipment), (lessons include rentals, pommel lift and instruction). Sign up 2 days prior to each lesson. (Maximum sign up is 4 people per lesson).

Time

4:30-6:30 pm

4:30-6:30 pm

♦ Snow Board School (Beginners)

Lesson Dates

Every Saturday & Sunday

December 1 & 2, 8 & 9, 15 & 16, 22 & 23 and 29 & 30

Time

1-7 pm

2 hour sessions - \$20 per person, per lesson (with or without equipment), (lessons include snowboard (must have winter boots), pommel lift and instruction). Sign up 2 days prior to each lesson. (Maximum sign up is 4 people per lesson).

♦ Cross Country School (Beginners)

Lesson Dates

December 7 & 14

January 4 & 18

Time

11 am - 6 pm

11 am - 6 pm

2 hour sessions - \$20 per person, per lesson (with or without equipment), (lessons include rentals, pommel lift and instruction). Sign up 2 days prior to each lesson. (Maximum sign up is 4 people per lesson).

All the above lessons are offered by the FRA Dyea Ski Rental at Dyea Ski Hill, Dyea St. Bldg 470. Pay for 3 people and receive 1 person free. Lessons for beginners (first time) thru advanced beginner. Open to all military, retirees, NG, Reserves, DOD/NAF civilians & their family members. Call 384-2960/428-1309.

Dec/Jan Ski & Snowboard Info

♦ EAFB Hillberg Ski Area

Lifts: Chair Lift, T-Bar Tow & Rope Tow

Season hours: Wed & Thurs: 3-9 pm, Fri: 1-9 pm, Sat: 10 am - 9 pm, Sun & Hols: 12-7 pm, Closed Mon & Tues.

Holiday hours: Dec 21 thru Jan 6: Sunday-Friday: noon - 7 pm, Saturday: 10 am - 9 pm. Closed Christmas Day Dec 25.

Lift Tickets: \$10, \$5 after 5 pm.

Ski Rentals: \$10, Snowboards & boots \$15, 1/2 price after 5 pm.

New Ice Skating Rink: Ice Skate rentals available.

Eligible patrons: active duty military, retirees, AK NG, reserves, DOD/NAF civilians and family members

Ski Hotline: 552-4276 - **Pro Shop:** 552-4838.

♦ Alyeska (Located 40 miles south of Anchorage)

Weekend hours: 10:30 am - 5:30 pm.

7 Day Ski/Snowboard Ops: begin Dec 19, 10:30 am - 5:30 pm.

Night Skiing: Fri & Sat begins Dec 21, 4:30-9:30 pm. \$19 adults.

Christmas Day Ops: Dec 25, 1-9:30 pm.

Holiday Night Skiing: Dec 25-30, 10:30 am - 9:30 pm.

Torch Light Parade & Fireworks: Dec 31, Chair 4, 7:45 pm.

WinterFest 2002: Jan 18-20, 2002.

Martin Luther King Jr Day: Jan 21.

Alyeska daily lift tickets for military and family members w/ID:

Adults - \$30, Students 14-17 years - \$27, 8-13 years - \$20,

7 & under - \$7 (free if with ticketed adult)

Ski Hotline: SKI-SNOW (754-7669) **Web:** www.alyeskaresort.com

Outdoor Adventures December/January Cabin Fever Relievers

♦ Guided Snowmachine Tours

December 5 & 19 & January 9 &

23, 11 am - 2 pm and 5-8 pm. \$40 per

snowmachine. Spouses here's your chance to experience the thrill of an exciting lunch time snowmachine ride in our great winter wonderland. 2 people per snowmachine, 8 snowmachines available. Must be age 16 or older to operate snowmachines. Signup and pay 1 week prior to tour. Tours depart the ODR Center.



♦ FREE Inner Tube Race - December 8 &

January 12 & 26 for youth and adults. Dyea Ski Hill, 2-3 pm. Fastest time wins 1 day ski rental or inner tube rental.

♦ Snowmachine Lessons - December 11 &

January 15, 11 am - 1 pm and 5-7 pm. \$20 per person.

Spouses here's your opportunity to get out of the house, have great fun, and learn to ride. Bring your own riding gear (helmets provided). Must be age 10 or older to operate snowmachines. Signup and pay 1 week prior to tour. Tours depart the ODR Ctr.

♦ Christmas Canned Food Drive - December 15 & 16 (see pg 3).

♦ Ice Fishing Derby - December 16 (see pg 2).

♦ Christmas & New Year's Snowmachine Rental Special - Dec 21-26 & Dec 28-Jan 2 (pg 3).

♦ Christmas Holiday Ski Rental Special - December 21-27 (see pg 3).

♦ FREE Slalom Races - December 22 & 27 &

January 19, Dyea Ski Hill. Youth: 1-2 pm, Adults: 2-3 pm. Fastest time wins 1 day ski rental or inner tube rental.

♦ FREE Snow Board Races - December 23 & 27

& January 6 & 20 for youth & adults. Dyea Ski Hill, 2-3 pm. Fastest time wins 1 day ski rental or inner tube rental.

♦ Youth Night Ski Party - December 28 &

January 25. Calling ALL Youth! Dyea Ski Hill, 7-9 pm. \$5 per person. The fun will feature loud outdoor music, skiing with light sticks, games and great grub. Trophies for downhill and limbo contest (youth 12 & older and 11 & under).

♦ Alyeska Ski Trip - January 18 (see pg 2)

Did you know Dyea Ski Rental has a snack bar, video games, great sledding hill, beginning ski hill with a pommel lift, and marked & maintained cross country ski trails (1, 1.5 & 2 miles)? Dyea Ski Rental is located on Dyea Ave, Bldg 470. Call 384-2960 or 428-1309. The Outdoor Rec Center is located in Bldg 794, Davis Hwy. Call 384-1475/1476. **Snowmachines are available to rent at the Outdoor Rec Center.**

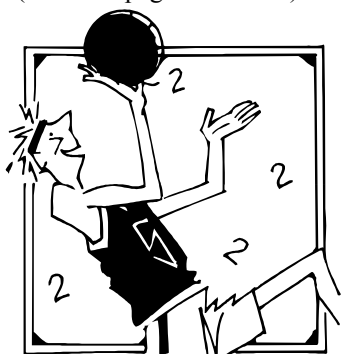
Athletics/Fitness

Buckner Physical Fitness Center 384-1304/1306

Athletic & Rec Meeting, December 4
and January 2, 2002, 1 pm

FREE Harlem Ambassadors Show Basketball Team

December 19, 7 pm.
(see front page for details)



Great Stocking
Stufflers available for purchase at Buckner
Physical Fitness Center. Gift Certificates
available for

**Tanning Cards
Massage Therapy &
Personal Fitness Training**
Call 384-1308

Military Training Holiday Hours:
December 24 & 31 and January 18, 9 am - 7 pm
CLOSED December 25 (Christmas Day)
Federal/School Holiday Hours:
January 1 (New Years Day), and January 21
(Martin Luther King Jr. Day), 9 am - 7 pm

Dec/Jan Highlights

Tanning Booths

4 Hex Booths (10 minutes tanning)

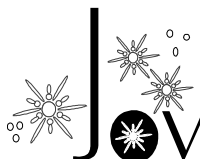
Daily Walk-ins \$2

10 tan passes ... \$15

20 tan passes ... \$25

30 tan passes ... \$30

40 tan passes ... \$35



Tanning Supplies
Call 384-1308 for an appointment



Aquatics

Office 384-1301, Recording 384-1302

Swim Lessons begin January 2002 Sorry No Youth Swim Lessons for December 2001

JANUARY Youth Swim Lessons

(limited to 8 students per class)

Cost \$35 (6 years & older)

Registration Thursday, January 3, 5-7 pm

Classes January 7, 8, 9 & 14, 15 & 16

Monday, Tuesday & Wednesday

Level I - 5 pm

Level II - 4:30 pm & 5:30 pm

Level III - 6 pm

Level IV - Sorry no class this month

Class hours are subject to change.

Toddler (18-36 mo) & Pre-school (3-5 yrs)

Cost \$30 (parental participation required)

Classes January 7, 8, 9 & 14, 15 & 16, 6:30 pm



Adult Lessons (6 lessons)

Cost \$35 To be arranged thru pool office.

Military Training Holiday Hours:

December 24 & 31 and January 18, 11 am - 4:30 pm

CLOSED December 25 (Christmas Day)

Federal/School Hol Hours: January 1 (New Years Day), and
January 21 (Martin Luther King Jr. Day), 11 am - 4:30 pm

A Special Thank You

to the supporters of the Newcomers' Briefing.

COSTCO

Welcomes USARAK soldiers
and their families to
Ft. Richardson and Anchorage.

VALUABLE COUPON!

Subway's Military Appreciation

Bring this coupon in for 10% off on your next
Subway purchase!

SUBWAY

eat fresh.

Convenient locations to Ft. Richardson on
Muldoon, Boniface & in Eagle River.

Expires December 31, 2001

CLIP 'N SAVE!

6 ♦ Education

Education Opportunities - 384-0970





December/January News

Holiday Classes will be offered from December 14 thru December 31. Different schedules are available for morning, afternoon, and evening schedules. Please contact the friendly folks at the Education Center for more information. Call 384-0970 or visit Bldg 658 (Kiska Hall), Monday thru Friday: 7:30 am - 5 pm, Thursday: 11 am - 5 pm. No appointment necessary.

Remember! You can use the Montgomery GI Bill on active duty. Stop by the Education Center and ask about the TOP UP Program.

 **University of Alaska Anchorage (UAA).** Spring Semester - January 7 - May 4. Enroll Now! Call 428-1228 for info.

 **Wayland Baptist University (WBU)** is offering New Testament History, Federal and State Government and the History of Russia. Space is limited. Spring Semester - February 25 - May 18. Call 428-1496 for more info.

 **Central Texas College (CTC)** will be offering 2 classes in December. Personal Finance in the morning. Marriage & Family will be offered in the afternoon. Spring Semester January 6 - March 3. Call 428-1317 for info.



From your Friends at the Post Library - 384-1640

Christmas Music CDs at the Post Library

Christmas is not far away. If you are looking for holiday music on compact disc, Christmas stories to read aloud or read alone, you can find a good selection at the library! Did you know the library has the following holiday videos for checkout: Veggie Tales The Toy That Saved Christmas; Rudolph the Red-Nosed Reindeer; Berenstain Bears Christmas Tree; The Little Drummer Boy and so many more! Don't forget that if you need to connect to relatives and friends via e-mail the library has 8 computers for your use and there is no charge!

January is National Book Month

The library has many new books, a good selection of bestsellers and books available on tape. If you can't find what you want check out the Interlibrary Loan service that will borrow the book you'd like from another library through the worldwide database.

Use your Library!

Websites of the Month: www.hgtv.com Home and Garden Television has a wonderful site with many good holiday ideas you might want to check out! www.bookbrowser.com The site for avid readers with reading lists, reviews, forthcoming books, series and sequels.

Thank you Sponsors!

for direct support of Ft. Richardson events.

Harvest America

AAFES

American-Amicable Life Ins.

GEICO Auto Insurance

Ft. Richardson Thrift Store

Halloween Party

American-Amicable Life Ins.

A Special Thank You

to the supporters of the Newcomers' Briefing.



Call about the **\$17.50 "Big Deal."**

This special is for military ID holders signing up for new memberships. (A \$50 value) Call Yolanda at 276-6803 for information.



Have you visited the Library at its new location?

Check Out Your World **AT THE LIBRARY**

Have you visited the Library at its new location in Bldg 5? The library is located in the same Bldg as the Shoppette, Thrift Shop, ASYMCA and Food Court. It is a wonderful place to stop for a while and just enjoy the quiet while catching up on the days news at the television corner or perusing the latest issues of magazines and newspapers. There's a place for the children to sit and look at books or play with puzzles, too. The library added lots of new books, videos, CD's and books on tape to their everyday collection. Please drop by and see what they have for you!



Arts & Crafts - 384-3717/3719

Ceramics - 384-3419

Frame Shop - 384-3417

Wood Shop - 384-3418



December/January 2002 Specialty Classes



♦ Ceramic Classes

Dec 1, 15 & 29 & Jan 12 & 26 - Pick & Paint, 2-5 pm, \$10 pp
Dec 2, 16 & 30 & Jan 13 & 27 - Customer Help Day, 2-6 pm, \$5 pp
Dec 8 - Kids Day Christmas, 2-5 pm, \$10 pp
Jan 5 - Kids Day Wildlife, 2-5 pm, \$10 pp
Dec 13 & 28 & Jan 10 & 25 - Pouring Class, 6-9 pm, \$15 pp

Monthly Ceramic Classes: 1st Thursday - Glazing, Mixing, Airbrush and specialties. 3rd Thursday - Drybrushing, Airbrushing, and Animals/Scenes. 1st Friday - Bronzing. For more info, call Peggy Bertrand, 384-3419

♦ Wood Shop Class

December 14 Frame & Panel Hope Chest, 7 pm, \$25
January 11 Raised Panel Doors, 7 pm, \$25

You must attend a safety class before you can use the Wood Shop. Classes every Thursday, 7 pm, and Saturday, 10:30 am.

♦ Basic Matting & Frame Class

Thursday, **December 6, 13, 20 & 27 & January 3, 10, 17, 24 & 31**, \$30, 6 pm
 Saturday, **December 8 & January 19**, \$30, 10 am.

Arts & Auto Craft Center Closed December 23 (in observance of Christmas), **January 3** (in observance of New Years) & **January 20** (in observance of Martin Luther King Jr.)

Auto Skills Center - 384-3718

Paint Bay - \$50 per day w/\$50 refundable deposit. (Boats, ATV, motorcycle, car & trucks).

Wheel Alignment - \$50 per vehicle - 4 wheel alignment, \$25 per vehicle - 2 wheel alignment

4 Vehicle Lifts - Stop by and change your oil, brake shoes, or whatever you like to tinker on. It's a great place to learn automotive skills while saving money!

Body Work - Use the Auto Shop body bay to remove all that rust on your vehicles.

Emission Inspections FEE \$33

(I/M Test \$15, Certificate \$18)

Appointments Only (No pass - No pay)

Lowest price in the Anchorage/Matsu Area! **Call for an appoint**

Armed Services YMCA

Ft. Richardson 384-9622

Elmendorf 552-9622

Singles Christmas Cookie Drive. ASYMCA is accepting baked goods, candy, nuts, and fruit thru December 17. Goods will be distributed to the barracks for the holidays. All donations can be dropped off at any ASYMCA office (Ft. Richardson, Hospital or Elmendorf main office).

Free Seawolf Hockey Tickets available for any home games. The tickets can be picked up at Ft. Richardson and Elmendorf main office the week of the game. The season runs through March 2002.

Volunteer Opportunities at the 3rd Medical Group Hospital Office for the childwatch program. Please call Eva Hake 580-6455.

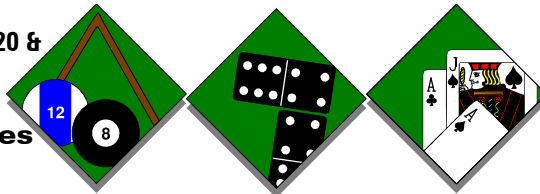
Entertainment

Down Under Lounge - 384-7619, Bldg 655 Full Bar - Dancing - Pool - Darts - Video Games

♦ Game Night - December 6 & 20 & January 3 & 17

Every 1st & 3rd Thursday, 5 pm.

Pool - Dominoes - Spades



♦ New Year's Eve Party - December 31, (see pg 2)

♦ Super Bowl Sunday Party - February 3, (see pg 2)

♦ Friday open 3 pm.

♦ Saturday open 9 pm, unless rented, or special event.



Rent the Down Under Lounge

Have your next event/party at the Down Under. Reasonable Rental Rates. Any day or night but Friday. Bartender available at no charge. Book one of our DJ's or find one of your own (must have own equipment). **Rent 4 hours get the 5th free.**

Call Beckie or Jackie at 384-7619 to rent the lounge.

Better Opportunity for Single Soldiers (BOSS)

BOSS Meeting Friday

December 14,

Down Under Lounge, 2 pm.

Christmas Mugs (BOSS

Fundraiser) - December 18-24,

Boss representatives will be selling Christmas mugs loaded with candies and surprises at their units. Cost \$5.



8 ♦ Soldier & Family Services

Army Community Service (ACS)
384-1517/1518

Army Family Action Plan (AFAP)
January 15 & 16, 2002 (see pg 2)

Soldier, Family & Marriage Education

Free Family Readiness Group (FRG) Training - January 22, Bldg 337, Rm 21, 1-3 and 6:30-8:30 pm. Topic: "Information and Referral Services - Community Resources". For more info, call Karen Conrad 384-6736.

Free Army Family Team Building (AFTB) Level II - December 12, Bldg 337, Rm 5, 6-9 pm. **AFTB Level II** - January 7 & 8, Rm 21, 9 am - 3 pm. Earn promotion points. **RSVP for Childcare**, call Wendy Newman 384-1513.

Free Army Family Team Building (AFTB) Day - December 14, Bldg 337, Rm 5, 7:30 am 4:30 pm. Earn promotion points. **RSVP for Childcare**, call Wendy Newman 384-1513.

Building Strong & Ready Families (BSRF) - Prevention Relationship Enhancement Program (PREP). **January 8 & 10** am, Bldg 337, Rm 21, 7-9 pm, Weekend Retreat - **January 11-13** at the Seward Resort. "Couples do not fall out of love like they fall out of trees". Learn to manage conflict early on and promote friendship, fun and happiness in your marriage. **Pre-registration 2 weeks in advance required.** Call for Pascal Lambert 384-1006.

Marriage Enrichment (PREP) Alumni Potluck - December 3, Bldg 337, 6:30-8 pm. Call Pascal Lambert 384-1006.

Free Smooth Move to Overseas Environments - January 9, Bldg 337, 1-3 pm. Call Tony Sepulveda 384-1515.

Free Smooth Move Relocation Seminar - January 18, Bldg 337, Rm 21, 1-3 pm. Call Tony Sepulveda 384-1515.

Free Sponsorship "Train the Trainer" Workshop - January 28, Bldg 337, 1-3 pm. Call Tony Sepulveda 384-1515.

Free First Termers' Financial Readiness Training - December 4 and January 8, Bldg 337, Rm 21, 9 am - 4 pm. Contact Michael Hamm at 384-7509 for info.

Free Checkbook & Budgeting Class - January 15 & 29, Bldg 337, 10 am -noon. Call Michael Hamm at 384-7509 for info.

Free Consumer Rights & Obligations and Understanding Credit - January 22, Bldg 337, 10 am -noon. Call Michael Hamm at 384-7509 for info.

Free My "Choices" - December 6, 13, & 20 and January 3, 10, 17, 24 & 31. "A support group and workshop for people in violent or volatile relationships". Education Center, Bldg 658, 7-8:30 pm. Safe, confidential and educational. **Pre-register for free childcare**, call Karen Gale 384-0504.

Free Exceptional Family Member Program (EFMP) - If you have, or are an Exceptional Family Member and would like to talk with families who have had similar experiences, come be a part of the EFMP Support Network. Signing up is voluntary but the benefits are great. Call Carol McGuffee 384-0225.

"Know Your Installation"

December 17 & January 14, Bldg 337, 11:45 am. "Know your Installation" is a **Free** program designed to assist the Senior NCO chain on the preferred and proper method for referrals and identification of problem areas of soldiers and family members. This is a great opportunity to let them tell us what they want and need from the installation. Presenters: **December 17** - Helen Soergel-Nelson, Subject: Family Member Employment Program and Volunteers. **January 14** - Michael Hamm, Subject: Financial Readiness Program.

Nutritional Education

Free Nutritional Cooking Class (Expanded Food & Nutrition Education Program) - December 3, 10, & 27, and January 7, 14 & 28, Bldg 337, Rm 20f, 2-4 pm. Join Heidi for "hands-on" lessons in preparing and eating tasty, healthy, attractive meals. Call Karen Conrad for info and reservations, 384-6736.

Free Food Allergy Support Group - December 13 and January 10, Bldg 337, Rm 21, 6-7:30 pm. Call interim coordinator Carol McGuffee at 384-0225 for info and enrollment.

Family Subsistence Supplemental Allowance (FSSA) & Army Emergency Relief. To see if you qualify for FSSA, visit ACS or call SSG Green, 384-7478.

Women, Infants & Children (WIC) Program - ACS Bldg 337, Rm 20a & b, 8 am - 12 pm and 1-5 pm. Stop by and see if you are eligible for WIC services (free daily products, juice, cheese, and cereals; nutritional info and loaner breast pumps). Call David Brown or Amy Van Splunder, 384-2033.

Parent & Newcomers Orientations

Free Newcomers Orientation, Info Fair & Bus Tour **December 5 & 6 and December 19 & 20 and January 2 & 3 and January 16 & 17**, Bldg 337, Rm 21, 9 am - 3 pm. Community leaders provide to soldiers and family members vital info about Anchorage and the FRA community plus a tour! For active duty soldiers & their family members. Call Tony Sepulveda 384-1515 for program info. Call Renee Ford 384-7483 at CYS Central Registration for info about the parental prerequisites for free child care during Newcomers Orientation.

Free Obstetrics-Gynecology (OB GYN) Orientation - December 5, 12 & 19 and January 2, 9, 16, 23 & 30, EAFB Hospital, 8 am - 4 pm. Learn about the free Ft. Richardson Home Visitation Program. Professionals provide assistance and parenting tips. Call Christie Kainz, 384-7506 and Susan Lewis 384-7508 for info. **Mandatory reservations required 580-1401.**

Child Development Center (CDC) Parent Orientation **December 5 & 19 and January 2 & 16**, Bldg 6, 9-10 am for new CDC enrollments. CDC is a NAEYC accredited program. Contact 384-0686.

Parent Advisory Support Council (PASC) Meeting **December 12 and January 9**, for all Child & Youth Services and SAS parents, Bldg 337, Rm 9, 11:45 am - 1 pm. **Lunch is provided.** Come be a voice for our children. **Parents - Free child care is available (24 hour notice required)**, call Central Registration 384-7483.

Parent & Newcomers Orientations continued on pg 9

Soldier & Family Services ♦ 9

Part Day Program (PDP) Parent Orientation - December 12 & 26 and January 9 & 23, Bldg 337, Rm 9, 9:30 am for new PDP enrollments. PDP is a NAEYC accredited program. Child care call 384-1510.

YS New Parent & Youth Orientations - December 1 and January 12, Bldg 297, 1 pm, or call Tom Dinkins at 384-1508 to schedule an alternate time.

Family Child Care (FCC) Parent Orientation - December 7 and January 4, 11:45 am - 12:45 pm, Bldg 337, Rm 9, for new FCC enrollments. *Child care is not provided.* Info 384-1500 for info.

Family Child Care (FCC) Provider Pre-Orientation - December 7 and January 4, Bldg 337, Rm 9, 3:30-4:30 pm. All provider applicants who plan to attend the **Free FCC Provider Training (40 hours - January 30 - February 5)**, are required to attend one of the pre-orientations. *Child care is not provided for the pre-orientations and is provided for the FCC Training* (first come, first served). Call 384-1500 for info.

Free Parenting Classes

Single Soldier Parents Forum - December 24, Rm 4p, 3-4:30 pm. **Single Soldier Parents Group Luncheon - January 16**, Bldg 337, Rm 4p, 11:30 am - 1 pm. Pre-registration encouraged. Call Christie Kainz 384-7506 for info.

Positive Discipline - December 6 & 13 and January 10 & 24, Bldg 337, 9:30-11 am. Learn to help your children develop self-discipline responsibility and cooperation in a win-win atmosphere. Evening hours & individual sessions available. Call Dockie Lewis 384-7508.

Parenting Class "Strengthening your Parenting Skills", **January 8 & 22**, 11:30 am - 1 pm, and **January 16 & 30**, 6-7:30 pm. Bldg 337, Rm 4. Individual sessions available. *Pre-registration required for evening classes.* Call Christie Kainz 384-7506.

Strengthening Stepfamilies. If you have a blended family and would like info on how to make yours work, we have free materials and individual, couple and group meetings available. Call Dockie Lewis 384-7508.

Parenting Teenagers. Could you use some fresh ideas and support for living with your teenagers? The Family Advocacy Program offers free resources including individual, couple and group meetings. Call Dockie Lewis for info 384-7508.

Free Self Help Classes

Successfully Coping with the Holidays - December 7 (part 1), **December 14** (part 2). ACS Library, 11:30 am - 12:30 pm. Call Christie Kainz for more info 384-7506.

Anger Management - December 4, 11, & 18, 6:30-8 pm and **December 6, 13, 20 & 27**, 11:30 am - 1 pm. Bldg 337, Rm 4p. Learn how to handle yourself in any situation. Develop skills to cope with anger, solve problems, communicate, rearrange thinking errors and relax. Call Dockie Lewis 384-7508 for info.

Stress Management - December 3, 7, 10, 14, 17, 21, 24, 29 & 31, 11:30 am - 1 pm, and **December 6, 13, 20 & 27**, 6:30-8

pm. Bldg 337, Rm 4p. Learn stress reduction and relaxation techniques to enhance your relationships and make every day just a little better. Call Christie Kainz 384-7502 for reservations.

Positive Coping Skills "Anger/Stress Management" - January 10 & 24, 11:30 am - 1 pm, and **January 17 & 31**, 6-7 pm, Bldg 337, Rm 4. Learn how to bring balance to your everyday life. Individual sessions available. *Pre-registration required for evening classes.* Call Christie Kainz 384-7506.

Free Employment Readiness Classes & Volunteer Opportunities

Employment Readiness Seminars - January 8, "Optional Form 612 and KSAs", and **January 22** "Interviewing - Putting your Best Foot Forward", Bldg 337, Rm 3, 1:30-3 pm. *Please call ahead to register*, call Helen Soergel-Nelson 384-6716. If you need help finding a job? Call Helen or stop by Rm 3.

Volunteers Needed! - Positions available in the Family Life Center & Troop Medical Clinic. Call Helen or stop by Bldg 337, Rm 3. Volunteer wanted in the Marketing Office (desktop publishing, Moose Sentinel, web calendar, duplicating & folding machines). Interested, call Helen or for info about the Marketing Office, call Terry Yeomans, 384-2299.



Free Fun Activities for Parents & Children

Community Romp' N Stomp (Indoor Children's Gym) (children up to school age). The program is available to registered parents every Tuesday & Thursday Bldg 337, 1:30-3 pm.

FCC Romp' N Stomp - available for FCC providers every Tuesday & Thursday, 10-11:30 am. *Reservations are required for program usage.* Info how to register, or to make reservations for the program, call Central Reg, 384-7483.

Children's Aqua Play (6 months to age 5) - December 5, 12 & 19, and January 9, 16, 23 & 30, 10:30-11:30 am. BPFC Pool. Come swim and play with your child, meet other parents and children while you all have fun in the water! Call Dockie Lewis 384-7508.

Pooh's Play Group (infants to age 5) - December 4, 11 & 18 and January 8, 15, 22 & 29 (Tuesdays - fine motor skills, Rm 20de), and **December 7, 14, 21 & 28 and January 4, 11, 18 & 25** (Fridays - gross motor skills, ACS gym), 9:30-11 am. Make new friends while your children play with their children. Free snack provided. Call Dockie 384-7508 or Carol 384-0272.

Free Fun Activities for Adults

Spouses Day Out - December 13 & 27 and January 10 & 24. **Free craft classes** for military spouses during those cold months available at ACS, Bldg 337, Rm 21, 10 am - noon. You can sign up at FRA ASYMCA office, call Teri Graham, 384-9622. Come out, meet new friends, and learn new crafts and hobbies. Call Carol McGuffee 384-0272.

Scrap Booking - December 6, 13, 20 & 27 and January 3, 10, 17, 24 & 31, Bldg 337, 5:30-9:30 pm. Save those valuable memories, get those photos organized. Laura Anderson instructor. Call Karen 384-6736.

Fun Activities for Adults continued on pg 10

10 ♦ Soldier & Family Services

Knitting - Call Karen Conrad 384-6736 for December and January schedule.

Quilting Class - December 8 and January 12, Bldg 337, Rm 21, 10 am - 4 pm. Jerri Whacker instructor. Call Karen Conrad for info 384-6736.

Child & Youth Services (CYS)



CYS Central Registration Office is located in Bldg 337, Rm 7. Open Monday thru Friday, 8 am - 5 pm. There is an annual administrative fee of \$15 per child, with a maximum fee of \$35 per family payable at the time of registration. Info, call 384-7483.

Preschool & School Age Programs

Part Day Program (PDP) in Bldg 337 offers a variety of early childhood education programs for children of preschool age.

PDP Preschool closed December 24 - January 4, re-open January 7. Preschool options include Toddler Time for 2-year olds and a variety of 3-hour, 5-hour and 9-hour classes for 3-5-year olds. Before and After School Kindergarten program avail. Space availability info, call the Central Reg Office 384-7483.

SAS Before & After School Care - SAS is located in the YS Bldg 297. **HOT Winter Vacation! SAS will be open December 26, 27 & 28 and January 2, 3, 4 & 18, from 6 am - 5:30 pm.** The program operates Monday - Friday. Before School Program: 6-9 am (includes breakfast at 8 am). After School Program: 3:30-5:30 pm (includes afternoon snack at 4 pm). Parents have the option of enrolling in the Before or After School or Both Before and After School Program. Fees are based on Total Family Income (TFI). To enroll you must schedule with CYS Central Reg, 384-7483.

Computer Lab & Tutor - (youth 5th-12th grade). Open Monday thru Friday: 5:30-7:30 pm. Youth need to complete a Computer Certification Course available every Wednesday 5:30 pm. Call James Eaton, Computer Instructor after 3:30 pm, 384-6301 or 384-1508 for more info.

Child Care Info

FCC Hourly Care - is offered by in-home child care providers for children 6 weeks - 12 years of age. A fee of \$2 per child is charged for each hour of care provided. Children must be fully registered thru the CYS Central Reg Office. Call 384-7483.

Hourly Care - for children 6 weeks to 12 years, in the Part Day Program, Bldg 337, 8 am - 4:30 pm, \$3 an hour. **Reservations required and may be taken up to 2 weeks in advance, call 384-1510. Usage is limited to 5 hours per day with a maximum use of 25 hours per month.**

Youth Sports & Training

Basketball Program - YS Basketball Program will interleague with the Boys & Girls Clubs Basketball Program for this years spring season. This is a competitive league for all boys and all girls team, ages U12 through U14. If you can play at this competitive level, sign-up at YS Bldg 297. YS is looking for qualified volunteer Basketball Officials to officiate games on Saturday mornings. Call YS Sports & Fitness Director Jerry Washington, 384-1516.

HOT! Indoor Soccer Registration - January 7 thru February 7, 2002.

League/ Divisions

Mini Mite
Pee Wee
Minor

Players Born on/or Between

November 1 & August 31 - ages 5 & 6
November 1 & August 31 - ages 7 & 8
November 1 & August 31 - ages 9 & 10

Registration fee \$30 for first child and a 10% discount for each additional family member/child. Season begins mid March thru April 2002.

Free Cheerleading Demonstration - January 18 -

Youth Services Sports & Fitness Depart is hosting a cheerleading demonstration at YS, 6:30 pm. There will be cheerleaders ranging from age 5 through 13 from the Ft. Richardson community and special guest from Anchorage Schools. Come out and support our cheerleading program, no admission fee.

Free Teen Sitter Training - January 19 - Bldg 337, Rm 9, 8 am - 4:30 pm. **Advanced reservations required by January 11.** Open to teens 12 years and up. Call 384-7483 for reservations.

December/January 2002 Closures

December 7 - Military Pay Day Activities
December 17-28 - Military 1/2 Day Holiday Schedule
December 23 - Arts & Auto Crafts Shop Closed
December 24 - Military Training Holiday
December 24 - SAS, CDS & ODR Closed
December 24-January 4 - School Christmas/Winter Vacation
December 24-January 4 - Part Day Preschool Programs Closed
December 25 - Federal/School Holiday (Christmas Day)
December 25 - Buckner Physical Fitness Center & Pool Closed
December 25 - AAFES Joint Military Mall & Commissary Closed
December 29 - Youth Services Closed
December 31 - Military Training Holiday
December 31 - SAS, CDS & ODR Closed
January 1 - Federal/School Holiday (New Year's Day)
January 1 - Buckner Physical Fitness Center & Pool Closed
January 1 - Commissary Closed
January 3 - Arts & Auto Crafts Shop Closed
January 4 - Military Pay Day Activities
January 18 - Military Training & School Holiday
January 20 - Arts & Auto Crafts Shop Closed
January 21 - Federal/School Holiday (Dr. Martin Luther King, Jr Day)
January 21 - Commissary Closed



February 2002 Highlights

February 3 - Superbowl Sunday Party at the Down Under Lounge
February 6 & 20 - Guided Snowmachine Tour at ODR
February 8-17 - Fur Rendezvous
February 10 - Ice Fishing Derby at Otter Lake
February 18 - Alyeska Military Appreciation Day



Community Highlights ♦ 11

Army Career & Alumni Program Center (ACAP)

Located in Bldg 602, Rm 142. Preseparation Counseling Checklist appointments or workshop reservations, call Al Griswold, ACAP Counselor at 384-3501. Tom Hertzog, Veterans Rep from the Alaska Employment Office, is available for individual counseling appointments, call 384-7650. Retiring soldiers call Gail Scarborough, Retirement Services Officer to schedule a Pre-retirement Workshop and Survivor Benefit Plan (SBP) Briefing, call 384-3500.

Open to: all service members (activity duty/retirees, DA civilians & family members). **December/January 2002 Workshop & Seminar Schedule**

Dec 10 & Jan 14 - Preseparation Orientation, Mandatory preseparation ETS briefing (active duty 90-180 days prior to separation), 1:30-4:30 pm
Dec 5 & Jan 9 - Resumix & Application Preparation, 1-3 pm
Dec 11 & 12 & Jan 15 & 16 - DOL/Transition Assistance Workshop
Dec 14 & Jan 18 - VA Representative, 10-11:30 am
Jan 29 - Pre-Retirement Workshop, 1:30-4:30 pm

Post Specials & Community Info

November 23 & 24 - 3rd Annual Alaska Native Heritage Center Christmas Bazaar, free admission, 11 am - 7 pm

November 30 - December 1 - Merry Merchant Munch, Eagle River

December - Drunk & Drugged Driving (3 D's) Awareness Month

December 1 - World Aids Day

December 1 - UAA Holiday Crafts Fair, 10 am

December 1 & 2 and 8 & 9 - Swedish Christmas Tours, Oscar Anderson House Museum, 420 M St, noon-4 pm. Anchorage's first wood-frame house built in 1915, restored 1982. Admission: \$3 adults, \$2 senior over age 65 and \$1 ages 5-12. Call 274-2336

December 1-29 - Christmas in Spenard, Mr. Whitekeys, Fly By Night Club, 8 pm. Call 279-7726

December 1-29 - Holiday Dolls and Toys, Anchorage Museum of History & Art

December 4-9 - Footloose The Musical, PAC

December 4 & January 2 - Athletic & Recreation Mtg, BPFC, 1 pm

December 4 & January 8 - Soldier of the Month (SOM) Breakfast, JRETC, 6:30 am

December 5 & 19 and January 9 & 23 - Guided Snowmachine Tours, (see pg 4)

December 6 & 20 and January 3 & 17 - Game Night, Down Under, (see pg 7)

December 7 - Pearl Harbor Day

December 7 - Parent's Shopping Night, (see front pg)

December 7 & 8 - Colony Christmas, Downtown Palmer

December 8 - Holiday Train to Seward, Alaska Railroad, Cost \$69 adults, Children 2-11 \$39. Call 265-2494

December 8 & 9 - An Early American Christmas, PAC

December 9 - *Charukah! Greetings*

December 11 & January 15 - Snowmachine Lessons, (see pg 4)

December 11 & January 22 - Community Action Council (CAC), JRETC, Bldg 655, 9:30 am

December 12 - Retirement Ceremony, Post Theater, 10 am

December 12 - Free Post Christmas Tree Lighting Ceremony & Holiday Concert, (see front pg)

December 13 - USARAK Holiday Ball, (see front pg)

December 13 & 27 and January 10 & 24 - Spouses Day Out, Free craft day, Bldg 337, 10 am

December 14 & January 11 - "Know your Installation", (see pg 8)

December 15 - Parent's Shopping Day, (see pg 3)

December 16 - Ice Fishing Derby, (see pg 2)

December 16 - Family Holiday Pops Anchorage Concert Chorus, PAC, 4 pm

December 18 & January 22 - Commissary/PX Advisory Council, PC Conf Rm, 1 pm

December 19 - PLDC Graduation, Post Theater, 11 am

December 19 - Free Harlem Ambassadors Show Basketball Team, (see front pg)

December 20 & January 16 - Retiree Council Meeting, Bldg 602, Rm 144, 7 pm

December 21 - Winter Solstice "Shortest day of the Year"

December 22-26 - Enchanted World. Robotic performers in authentic costumes depict customs from around the world, Egan Center. Call 276-2087 for info.

December 23 - Christmas Brunch, EAFB Susitna Club (see pg 3)

December 25 - *Christmas Greetings*

December 28 & January 25 - Youth Night Skiing Party, (see pg 4)

December 31 - New Year's Eve Dinner, EAFB Susitna Club (see pg 2)

December 31 - New Year's Eve Party, Down Under (see pg 2)

December 31 - New Year's Eve Party, Seward Resort (see pg 2)

December 31 - New Year's Eve Torchlight Parade & Fireworks Display, Alyeska

January - National Book Month

January 1 - New Year's Eve Day

January 3 - CG's New Year's Reception, JRETC, 6 pm

January 13 - Brazilian Guitar Quartet, PAC Discovery Theatre

January 14 - Dyea Ski Rental, half price seasonal rentals start

January 15 & 16 - Army Family Action Plan (AFAP) Conference, (see pg 2)

January 18 - Alyeska Ski Trip, (see pg 2)

January 18 & 19 - Diavolo Dance Theatre, PAC

January 18 & 19 - Great Alaska Beer & Barley Wine Festival, Egan

January 18-20 - Seward 17th Annual Polar Bear Jump-off Festival (see pg 12)

January 18-27 - 13th Annual Anchorage Folk Festival, UAA Wendy Williamson Auditorium

January 19 - Teen Sitter Training, (see pg 10)

January 19-21 - Alyeska Winterfest, Alyeska Resort

January 21 - Dr. Martin Luther King Jr.

January 26 - Espagne, Anchorage Symphony Orchestra Classic Concert, PAC, 8 pm



Seward Resort

Not flying out of state for the holidays?

Celebrate the Holidays at the Seward Resort (a Winter Wonderland)

Hot Lodging Special - Stay for two nights and receive the 3rd night **FREE** (excludes holidays)

Winter Rates thru April 30, for ALL Guests: (Open 7 days a week, 7 am - 11 pm)

Motel Units (56 rooms)	\$50
Ten Standard Townhouses	\$75
Two Deluxe Townhouses w/fireplace	\$100
Log Cabin	\$75



December has two 4 day weekends. December 22-25 (Christmas weekend) & December 29-January 1 (New Year's weekend) Visit the resort for the Christmas and New Year's holiday. December 24 & 31 are Military Training Holidays (Christmas Eve and New Year's Eve).

Taking Reservations for the New Year's Eve Party (see page 2)

Visit the resort for a 4 day weekend January 18-21. January 18 is a Military Training Holiday and School In-Service Day, Monday is a Federal/School Holiday (Dr. Martin Luther King, Jr Day). While you are visiting, you can **Celebrate the 17th Annual Polar Bear Jump-off Festival - January 18-20.** The annual Polar Bear Jump-off Festival is held to help raise money for the American Cancer Society. This three day family weekend is full of fun festivities and games including, a parade down Fourth Ave, Bachelor/Bachelorette Auction, Waiter/Waitress Team Contest, Children's Winter Carnival, Seafood Feed, Oyster Slurping, Frozen Fish Toss, Goofy Golf contest, chili cook-off, quilt show, bed making contest, Karaoke, and the number 1 event the famous "Plunge". Brave souls dress up in costume to take the "Plunge" January 19, 12:30-1:45 pm, from the dock of the Seward Small Boat Harbor, into the frigid 40-degree Resurrection Bay, as viewers cheer with excitement and amazement.

Snowmachine Rentals - Indy Lite Touring 340 Long Track snowmachines available. \$20 an hour with a 2 hour min, \$75 for 8 hours, and \$100 for 24 hours. Make your reservations **SOON!**

Free X/C Ski Rental Special Guests at the resort can receive free x/c ski rentals at the Ft. Richardson Dyea Ski Rental. Bring your confirmation receipt from the resort to the Dyea Ski Rental, Dyea Ave, when picking up skis. Call Dyea 428-1309.

For reservations & info, call 1-907-224-2654/5559

December is National Drunk & Drugged Driving (3D) Prevention Month

In Anchorage 27 people were killed due to alcohol related crashes. This is up from last year. Sadly, each of these deaths is completely preventable. To help prevent more deaths Ft. Richardson in conjunction with Elmendorf, the Anchorage Police Department and the National Highway Safety Administration's (NHTSA) "*You Drink & Drive. You Lose.*" Campaign, announced See Red campaign to combat impaired driving in Anchorage. We want to get the message out to residents that if they are going to be drinking they need to designate a sober driver or find a safe ride home by calling a taxi cab instead of driving. In fact, nine out of 10 Americans who participate in social events where alcohol is available feel that people should use a designated driver. This will help prevent deaths, as well as arrests. Last year 2 soldiers were killed at Ft. Wainwright because the other driver was drinking in drive. Lets make this years drivers drugged and drunk free.

A Designated Driver is the person who agrees not to drink any alcoholic beverages

and agrees to safely transport the other group member's home. Designated drivers are also a good idea for those taking any medications that cause drowsiness or otherwise impair the ability to operate a motor vehicle. Unlike programs that aim to change personal attitudes and behavior. Designated drivers should be used in any situation where people drive together after consuming alcohol.

December 13 - National "Lights on for Life"

Day Motorists are encouraged to drive with their headlights on in remembrance of those who have been killed or injured in an impaired driving incident. Operation Arctic Wolf Checks on vehicles entering the Ft. Richardson gate will be held throughout December. There will be presentations at each of the units to promote Designated drivers. If you would like to help with 3D month or the See Red Campaign contact your UPL or Aaron Harrop at 384-1411.

This December/January issue is dedicated to all the families that have lost loved ones involving drunk drivers.



The Goals of 3D Month are to:

- Prevent impaired driving crashes.
- Arrest drivers determined to be under the influence of alcohol and/or other drugs.
- Improve highway safety through public awareness and enforcement, focus in on the impaired driver excessive speed, and encourage seat belt use.
- Reduce the incidence of drivers under the influence alcohol and/or drugs.
- Acknowledge those who have been injured or killed as a result of impaired driving.
- Reinforce safety belts & child safety seat laws

How can you help.

- Contact your Unit Prevention leader.
- Be a designated driver.
- Be a good host don't let someone drink & drive.
- Display trees with white and red lights to remember those who have died in DUI crashes.
- Encourage your coworkers not to drink and drive when they go to parties.